



LONDON BETH DIN UPDATE JUNE 2022

For the latest information visit
isitkosher.uk

Works offline and also available as an Android App

SHEMITTA INFORMATION

Please note that the current Jewish year 5782 is a Shemitta year, during which restrictions apply to fruit and vegetables grown in Israel.

For further information and dates when different produce is affected see

www.kosher.org.uk/shemitta

KLBD LICENSEE NEWS

CHANGES

KLBD DELIS & SHOPS:

Crush p150

Formerly CRUSH&CO.

New email address & website:
crushcoedgware@gmail.com
www.crushco.co.uk

KLBD RESTAURANT:

Korner Kitchen p158

and their affiliated brands

Dimko, Mexiko, Yamiko

listed on p.158

are no longer under KLBD supervision.

NEW LICENSEES

NEW KLBD CATERERS:

Ayelet's Catering

Tel: 07852 551200
sales@ayelets.co.uk
www.ayelets.co.uk

Cohen's Caterers

Tel: 07853 721787

mazyshmoel@yahoo.co.uk

A unique taste of oriental and traditional food. We are dedicated to clients' needs, products, budgets, deadlines and high standards; we bring enthusiasm and a passion for catering and service to our clients.

Craft Caterers

Tel: 07852 348665

mendel@craftcaterers.com

NEW KLBD RESTAURANTS:

Tuk Tuk (Glatt Meat)

115 Golders Green Road
Golders Green NW11 8HR

Tel: 020 8191 0055

www.tuktuk.london

Inspired by street food of Vietnam,

Thailand and India, plus nearby cuisines.

From mouth-watering bao buns to flavoured

Pan Asian dishes on our menu.

Functions for up to 50 people in our restaurant.

Sami's (Glatt Meat)

118 Golders Green Road
Golders Green NW11 8HB

Tel: 020 8458 7003

Functions for up to 50 people in
our restaurant.

NEW KLBD DELIS & SHOPS:

1070 Kitchen

*Fridge in the Food Hall at Selfridges
containing pre-packed foods*

400 Oxford Street

W1A 1AB

Tel: 020 7624 2013

office@1070kitchen.co.uk

www.1070kitchen.co.uk

CHANGES

KEY

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo)

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinates

NK = Not Kosher

FOOD

CEREALS

Kellogg's p32

Previously approved or certified Dairy, now certified Parev and bearing the MK logo.

S Honey Pops

S Special K Oats & Honey

S Special K Peach & Apricot

DESSERTS

Green's p52

Previously approved Parev, now approved Dairy.

D Mix Sweet Carmelle

SAUCES & CONDIMENTS

Heinz p84

Dropped from The Really Jewish Food Guide 2022, is now approved in 500g plastic bottles only.

P Barbecue Sweet Sticky & Smooth

Previously only approved in plastic bottles, but is now only approved in plastic bottles bearing the MK logo.

S Tomato Ketchup Chilli Jalapeno

MEDICINES

PRESCRIPTION ONLY MEDICINES

p138

Previously approved Dairy, is now approved Parev.

P Lansoprazole Orodispersible

NEW PRODUCTS

FOOD

BABY CEREALS

Aptamil

D Organic Seven Grain

D Porridge Organic Banana & Strawberry

Cow & Gate

D Porridge Banana Wholegrain

D Porridge Berry Multigrain

D Porridge Fruity Wholegrain

D Porridge Mango Multigrain

D Porridge Red Berry Wholegrain

D Porridge Seven Grain

BABY MILKS

Aptamil

D Pepti Syneo

Holle Organic

D Infant 1 with A2
D Infant Follow On 2 with A2
D Infant Follow On 3 with A2

BABY SNACKS

Organix

P 12+ Gruffalo Claws Barbeque
P 12+ Gruffalo Claws Tomato & Herb
P 7+ Melty Veggie Sticks
P 9+ Veggie Mini Mix Ups

BAKING POWDER

M & S Food

KLBD Baking Powder

CEREALS

Flahavan's Irish

KLBD Oats Multi Seed Porridge

Kellogg's

S Granola Crunchy Nut Red Berries
S D Rice Krispies Multigrain Shapes Blueberry & Apple
S D Rice Krispies Multigrain Shapes Strawberry & Apple

Nestle

P Shreddies The Honey One

Weetabix

KLBD D Melts Chocolate Milk
KLBD D Melts Chocolate White

COFFEE & SUBSTITUTES

Cru Kafe

Covers whole bean, ground coffee and bags, where applicable. For stockists see www.crukafe.com.

KLBD Colombian
KLBD Decaf
KLBD Espresso
KLBD Honduran
KLBD Long Black
KLBD Signature

Kirkland Signature

Available from Costco.

KLBD Congo
KLBD Tanzania

Nescafe Gold

KLBD Blend Alta Rica
KLBD Blend Cap Colombia

San Francisco Bay Coffee

KLBD Swiss Water Decaf

COFFEE MACHINES

Cru Kafe

Nespresso compatible capsules. For stockists and purchases see www.crukafe.com.

KLBD Colombian
KLBD Dark
KLBD Decaf
KLBD Espresso
KLBD Ethiopian
KLBD Half Caff
KLBD Honduran
KLBD Indian
KLBD Intense
KLBD Light

Nescafe Dolce Gusto

KLBD Americano Mexico

CONFECTIONERY

Cadbury

D Dairy Milk Mint

Creative Nature

Available from selected supermarkets, Ocado and www.creativenaturesuperfoods.co.uk.

KLBD Gnawbles Cheeky Choc Hazelnut
KLBD Gnawbles Creamy Mylk Chocolate
KLBD Gnawbles Super Salted Caramel

Lindt

D Classic Crispy
D Classic Hazelnut

Manufactured on Dairy equipment and bear an allergen warning 'May contain milk'.

D Classic Vegan Hazelnut
D Classic Vegan Smooth
D Excellence Dark Cranberry, Almond & Hazelnut
D Excellence Milk 45%
D Excellence Milk 55%
D Excellence Milk 65%

Millions

KLBD Watermelon

Nespresso

Available from Nespresso shops, online from www.nespresso.com/uk, tel: 0800 442 442.

D Chocolate Dark Ginger

Nestle

D Smarties White

COOKING CHOCOLATE

Lindt

P Dark 51% Cocoa

CRACKERS & CRISPBREADS

Ryvita

Pas Yisrael.

KLBD Vitamin Boost Oat & Black Sesame
KLBD Vitamin Boost Simply Seeded

CRISPS & SNACKS

Blanco Nino

Available from Ocado. For stockists see

www.blanco-nino.com.

KLBD Ancient Grain
KLBD Chilli & Lime
KLBD Lightly Salted

Love Corn

KLBD D Milk Chocolate & Sea Salt

Sarriegui

Available from www.brindisa.com and www.watsonandpratts.co.uk.

KLBD Patatas Fritata Con Sal

Walkers

P Crisps Lightly Salted

DAIRY FREE MILK & DRINKS

Alpro

P Shh Not Milk Semi
P Shh Not Milk Whole

Alpro for Professionals

P Barista Coconut
P Barista Oat Gluten Free

Moma

Certified with or without the KLBD logo. For stockists see www.momafoods.co.uk.

KLBD Oat Barista
KLBD Oat Original

DAIRY FREE YOGHURT DRINKS

Biotiful

NK Kefir Plant Based Oat

DAIRY FREE YOGHURTS

Alpro

P Greek Coconut
P Greek Oat

ENERGY & PROTEIN SNACKS

Creative Nature

See www.creativenaturesuperfoods.co.uk.

KLBD Oatie Berry Blend
KLBD Oatie Cacao Chocolate
KLBD Oatie Carrot Cake
KLBD Oatie Tropical Ginger Tea Tox
KLBD Protein Orange Cacao
KLBD Protein Salted Caramel
KLBD Protein Spiced Apple

Tribe

Available from www.wearitribe.co.uk.
KLBD D Bar Triple Decker Caramel
KLBD D Bar Triple Decker Choc Maple
KLBD D Bar Triple Decker Choc Peanut
KLBD D Bar Triple Decker Vegan Honeycomb
KLBD D Bites Triple Decker Choc Maple

ENERGY & SPORTS DRINKS

Red Bull

P The Edition Green

FISH SMOKED

Katzels

Available from kosher shops.
KLBD Salmon Whiskey & Orange

FRUIT SNACKS

Whitworths Shots

KLBD D Fruity Biscuit

GLUTEN FREE BREAD & ROLLS

BFree

For stockists see www.bfreefoods.com.

KLBD Naan

Schar

P Bagels
P Loaf Brown
P Loaf Seeded
P Loaf White
P Mini Baguettes

P Super Sandwich

Warburtons Gluten Free

KLBD Bloomer Sourdough Seeded
KLBD Rolls Seeded

4 Pack. Available from Tesco.

GLUTEN FREE CRACKERS & SNACKS

Absolutely Gluten Free

Available from Amazon.

S Grain Free Crackers Black Pepper
S Grain Free Crackers Onion
S Grain Free Crackers Original
S Grain Free Flatbreads

GLUTEN FREE FLOUR, MIXES & BAKING POWDER

Creative Nature

Where applicable organic version also **KLBD** certified.
Selected products available from Supermarkets, Holland & Barrett and Ocado. See www.creativenaturesuperfoods.co.uk.

KLBD Flour All Purpose
KLBD Mix Banana Bread Wholegrain
KLBD Mix Cacao Rich Chocolate Cake
KLBD Mix Carrot Cake Loaf
KLBD Mix Chia & Cacao Choc Chip Brownie
KLBD Mix Chocolate Chip Muffin
KLBD Mix Corn Bread
KLBD Mix Organic Banana Bread Wholegrain
KLBD Mix Organic Chia & Cacao Choc Chip Brownie
KLBD Mix Pancake & Waffle

M & S Food

KLBD Gluten Free Flour Gram

HONEY

Hilltop Honey

Certified with or without the **KLBD** logo. For stockists see www.lovehilltop.com.

KLBD Clear Value

Kind to Bee

Certified with or without **KLBD** logo. Available from kosher shops, Selfridges and www.kindtobee.com.

KLBD Raw with Raspberry

KLBD Raw with Strawberry

HOT CHOCOLATE & MALTED DRINKS

Galaxy

P Hot Chocolate Instant Vegan

Horlicks

P Vegan

M & M's

D Hot Chocolate

ICE CREAMS, LOLLIES & SORBET

Carte D'Or

NK Vanilla & Brownies Tub

Mr Freeze

KLBD Freezepops Blue Raspberry

Slush Puppie

Drinks from Slush Puppie Machines are not approved.
Available from Home Bargains, Heron Frozen Foods, Savers, Iceland & Food Warehouse.

KLBD Freeze, Squeeze, Drink Pink Bubblegum

The Coconut Collab

NK Coconutters Chocolate Dipped Sticks

Wall's

Manufactured on Dairy equipment and bear an allergen warning 'May contain milk'.

D Cornetto Gluten Free Vegan
D Magnum Vegan Almond
D Magnum Vegan Classic
D Magnum Vegan Mini
D Magnum Vegan Sea Salt Caramel

D Soft Scoop Vanilla Light Tub

JAMS & FRUIT SPREADS

Tiptree

Certified in 42g and 28g jars.
KLBD Preserve Morello Cherry

MILK SHAKES & MIXES

Frijj

D Cookie Dough

NUTS & SEEDS

Whitworths Shots

KLBD D Toffee & Pecan

RICE & CORN CAKES

Kallo

D Rice Cakes Dark Chocolate
D Rice Cakes Milk Chocolate
D Rice Kids Choco Coconut Minis
NK Veggie Caramelised Onion Chutney

SALT

Creative Nature

See www.creativenaturesuperfoods.co.uk.

KLBD Himalayan Pink

SOFT DRINKS

Belvoir Farm

For stockists see www.belvoirfarm.co.uk.

P Cordial 100% Natural Blackcurrant
P Cordial 100% Natural Orange
P Cordial Blueberry & Blackcurrant
P Cordial Elderflower
P Cordial Elderflower & Rose
P Cordial Ginger
P Cordial Honey, Lemon & Ginger
P Cordial Lemon & Mint
P Cordial Lime
P Cordial Raspberry & Lemon
P Cordial Strawberry & Lime
P Freshly Squeezed Lemonade
P Ginger Beer
P Lighter Raspberry Lemonade
P Lighter Sparkling Elderflower
P Non Alcoholic J & T
P Non Alcoholic Passionfruit Martini
NK Non Alcoholic Peach Bellini
P Sparkling Apple Juice
P Sparkling Cucumber & Mint
P Sparkling Elderflower
P Sparkling Elderflower & Rose
P Sparkling Lime & Soda

Fanta

P Strawberry & Kiwi Zero

Tango

P Sugar Free Berry Peachy

Tropicana

NK Sensations Passion Fruit Punch

SPICES, HERBS & SEASONINGS

Greenfields

For online purchases see www.greenfieldsuk.co.uk.

KLBD Hot Wing Seasoning

KLBD Sriracha Seasoning

SPORTS NUTRITION

Creative Nature

Selected products available from Ocado. See www.creativenaturesuperfoods.co.uk.

KLBD Hemp Protein

KLBD Hemp Seeds Shelled

Huel

KLBD Gluten Free Powder Cinnamon Swirl

SUPERFOODS

Creative Nature

Available from Ocado and www.creativenaturesuperfoods.co.uk.

KLBD Barley Grass

KLBD Cacao Nibs Raw

KLBD Cacao Raw

KLBD Chia Seeds

KLBD Maca

KLBD Spirulina Pacifica

SYRUPS & TOPPINGS

Hilltop

For stockists see www.lovehilltop.com.

KLBD Agave Nectar

VEGETABLES CANS & JARS

Cirio

P Lenticchie Lentils

VEGETABLES DRIED

Merit Mushrooms

Cultivated and packed in an insect free environment. Mushroom Growing Kits are not certified. Available from www.meritmushrooms.co.uk. Note from the manufacturers: Due to high demand, some products may appear on the website as 'Out of Stock', but it is likely that new stock will be available after a few days.

KLBD Blue Oyster

KLBD King Oyster

KLBD Lion's Mane

KLBD Pink Oyster

KLBD Reishi

KLBD Shiitake

KLBD Yellow Oyster

VEGETABLES FRESH

Merit Mushrooms

Cultivated and packed in an insect free environment. Mushroom Growing Kits are not certified. Available from www.meritmushrooms.co.uk. Note from the manufacturers: Due to high demand, some products may appear on the website as 'Out of Stock', but it is likely that new stock will be available after a few days.

KLBD Black Poplar

KLBD Enokitake

KLBD Honey Fungus

KLBD Lion's Mane

KLBD Maitake

KLBD Nameko

KLBD Oyster Black Pearl

KLBD Oyster Blue

KLBD Oyster Elm

KLBD Oyster Florida

KLBD Oyster King

KLBD Oyster Maple

KLBD Oyster Pink

KLBD Oyster Summer

KLBD Oyster Winter

KLBD Oyster Yellow

KLBD Reishi

KLBD Shiitake

KLBD Shimeji

KLBD Turkey Tail

KLBD White Elf

YOGHURT DRINKS

Yoplait

D Petits Filous Apple & Raspberry

YOGHURTS & DAIRY DESSERTS

Arla Lactofree

D Blueberry

NK Mango

NK Vanilla

ALCOHOL

BEER

Skinny Brands

KLBD IPA Premium

CIDER & PERRY

Henry Westons

KLBD Vintage Signature

Thatchers

KLBD Blood Orange

COCKTAIL MIXERS & SYRUPS

Monin

- P Concentrate Green Tea
- P Concentrate Lemon Rantcho
- P Concentrate Lime Rantcho
- P Concentrate Rooibos
- P Fruit Puree Lime
- P Fruit Puree Ruby Grapefruit
- P Fruit Puree Tangerine
- P Fruit Puree William's Pear
- P Lemonade Cloudy Base
- P Syrup Agave
- P Syrup Bergamot
- P Syrup Blue Curacao
- P Syrup Caramel Sugar Free
- P Syrup Carribean
- P Syrup Gingerbread Sugar Free
- P Syrup Gum
- P Syrup Hazelnut Sugar Free
- P Syrup Muscovado
- P Syrup Peanut Cookie
- P Syrup Pink Grapefruit Sugar Free
- P Syrup Pink Peppercorn
- P Syrup Sangria
- P Syrup Strawberry Sugar Free
- P Syrup Sugar Cane Brown
- P Syrup Sweetener Sugar Free
- P Syrup Tangerine
- P Syrup Tea Chai
- P Syrup Tea Green Matcha
- P Syrup Tea Raspberry
- P Syrup Triple Sec Curacao
- P Syrup Vanilla Sugar Free
- P Syrup Winter Spice

FLAVOURED ALCOHOLIC DRINKS

Malibu

- P Sparkling Watermelon Lemonade

GIN

Eight Lands

See www.eight-lands.com.

- KLBD Speyside

In The Welsh Wind

- NK** Premium Dry

RUM

Bacardi

- P Coconut

Malibu

- P Watermelon

TEQUILA

Jose Cuervo

- P 1800 Reserva Anejo
- P 1800 Reserva Reposado
- P 1800 Reserva Silver
- P Agavero
- P Agavero Orange
- P Maestro Dobel Diamante
- P Tradicional Silver

VODKA

Eight Lands

See www.eight-lands.com.

- KLBD Speyside

MEDICINES

CONSTIPATION

- P Fybogel Fibre Chews

DENTURE PRODUCTS

- P Fixodent Professional Cream
- P Steradent Pro 3 in 1 Tablets

FEMALE HEALTH

- P Lamberts Soya Isoflavones Tablets

HEART & CIRCULATION

- P Kwai Heartcare Tablets

INDIGESTION & ULCERS

- P Boots Indigestion Relief Peppermint Tablets
- KLBD Gaviscon Cool Liquid
- P Pepto Bismol Peppermint Chewable

IRON SUPPLEMENTS

- P Natures Plus Hema Plex Tablets
- P SodiFer Solution
- P Sodium Feredetate Solution

LIP CARE

- P Burt's Bees Beeswax Lip Balm
- P Burt's Bees Honey Lip Balm
- P Burt's Bees Matcha & Honey Lip Balm
- P O'Keeffe's Lip Repair Overnight Balm

MOUTH CONDITIONS

- D Oralieve Moisturising Mouth Gel
- D Oralieve Moisturising Mouth Spray

NUTRITIONAL SUPPORT

- D Ensure Max Protein Liquid
- P Resource Thicken Up Clear Powder
- P Resource Thicken Up Clear Sachets

OMEGA OILS FISH

- P Minami DHA + EPA Kids Liquid

ORAL HYGIENE

- P Listerine Cool Mint Milder Taste

PAIN KILLERS

- P Ibuprofen Lysine Tablets

PAIN KILLERS JUNIOR

- P Aspire Ibuprofen Twelve Plus Pain Relief Suspension

PRESCRIPTION ONLY MEDICINES

- P Azithromycin Tablets
- D Buprenorphine Sublingual Tablets
- P Cefuroxime Suspension
- P Colonis Melatonin Solution
- P Desizon Suspension
- P Prochlorperazine Buccal Tablets

SLEEP & RELAXATION

- P Bach Rescue Night Spray
- P Bach Rescue Peaceful Night Capsules
- P Bach Rescue Peaceful Night Duo

- P Vitabiotics Sleepnite Valerian Tablets

SORE THROATS

- P Chloralieve Honey & Lemon Lozenges
- P Chloralieve Mint Lozenges

STRESS & ENERGY

- P Bach Rescue Balance & Positivity Capsules
- P Bach Rescue Fresh & Focus Capsules

Available from www.doctorseaweed.com.

- KLBD** Weed & Wonderful Focus+ Capsules

SUPERFOOD SUPPLEMENTS

600mg, 1200mg, 2400mg, 4800mg. Available from www.accesscbd.co.uk.

- KLBD Access CBD Oil Berry
- KLBD Access CBD Oil Citrus
- KLBD Access CBD Oil Natural

250mg, 500mg, 1000mg, 2000mg. Available from www.canabidol.com.

- KLBD British Cannabis CBD Oil Raw
- KLBD British Cannabis CBD Oil Refined

- P Health Revival Black Walnut Hull Tincture

KLBD Hugg CBD Oil Spray Berry
600mg. Available from www.thehuggshop.co.uk.

SUPPLEMENTS FOR CHILDREN

- NK** Abidec Multivitamin Syrup

- D Doterra PB Assist Jr Sachets
D Optibac Baby Drops

VITAMIN C

- P Holland & Barrett Vitamin C Rose Hips Tablets
P Vitabiotics Ultra Vitamin C Sustained Release Tablets

WEIGHT LOSS

- P XLS Medical Ultra 5 Capsules

DELISTED PRODUCTS

- Almighty Foods Chocolate + CBD
Almighty Foods Nut Butters
Glebe Farm Pure Oaty Drink
HP Fruity Sauce
Kendamil Baby Milks
Lindt Creation Dark Pistachio Delight
Monin Syrup Orange Spritz
Perfect World Ice Cream
Old stock bearing the Manchester Beth Din logo is still approved.

- SiS Science in Sport Powders
The Wrecking Coast Gins
The Wrecking Coast Rum

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