

## **Kosher Fish Around the World**

*Fresh and frozen kosher species of fish, either whole or filleted, are permitted provided that some skin (bearing easily detachable scales) is attached. All minced fish and products containing fish require Rabbinical supervision. Here we list commonly available kosher fish in 21 countries, translating the names where necessary. For lists of kosher fish in other countries, email [info@kosher.org.uk](mailto:info@kosher.org.uk).*

### **EUROPEAN COUNTRIES**

#### **UK**

Anchovy  
Bass  
Bream  
Brill  
Carp  
Cod  
Dab  
Grayling  
Haddock  
Halibut  
Herring  
Mackerel  
Mullet  
Mullet Red  
Perch  
Pike  
Plaice  
Pollack  
Roach  
Salmon  
Sardine  
Sole  
Sprat  
Tench  
Trout  
Tuna  
Whiting

#### **CYPRUS**

Antzougia, Antzoyia  
Lavraki  
Tsipoura  
-  
Kiprinos  
Bacceliaos  
-  
-  
-  
-  
Scoumbri  
Kephalos  
Kephalos  
Perka  
Barbouni  
-  
Gados  
-  
-  
Sardella  
Glossa  
-  
Kiprinos  
-  
Tonos  
-

#### **CZECH REPUBLIC**

Ancovicka  
Okoun  
Prazma, Cejn  
Platys  
Kapr  
Treska  
Platys  
Lipan  
Treska  
Halibut, Platys  
Sled  
Makrela  
-  
Parmice  
Okoun  
Stika  
Platys  
-  
Plotice  
Losos  
Sardinka  
Platys  
Sprotta  
Lin  
Pstruh  
Tunak  
Merlan, Treska

#### **UK**

Anchovy  
Bass  
Bream  
Brill  
Carp  
Cod  
Dab  
Flounder  
Grayling  
Gurnard

#### **DENMARK**

Ansjos  
Bars  
Brasen  
Slethvarre  
Karpe  
Torsk  
Ising  
Skrubbe  
-  
Knurhane

#### **FRANCE**

Anchois  
Bar Commun  
Breme  
Barbue  
Carpe  
Cabillaud  
Limande  
Flet  
Ombre  
Grondin

Haddock  
Hake  
Halibut  
Herring  
Ling  
Mackerel  
Mullet  
Perch  
Pike  
Pilchard  
Plaice  
Pollack  
Red Snapper  
Roach  
Salmon  
Sardine  
Sole  
Sprat  
Tench  
Trout  
Tuna  
Whiting

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Anchovy  
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Cod  
Dab  
Flounder  
Grayling  
Gurnard  
Haddock  
Hake  
Halibut  
Herring  
Ling  
Mackerel  
Mullet  
Perch  
Pike  
Pilchard  
Plaice  
Pollack  
Roach  
Salmon

Kuller  
Kulmule  
Helleflynder  
Sild  
Lange  
Makrel  
Multe  
Aborre  
Gedde  
Sardin  
Rodspaette  
Lubbe  
-  
Skalle  
Laks  
Sardin  
Tunge  
Brisling  
Suder  
Orred  
Tunfisk  
Hvilling

#### **GERMANY**

Sardelle  
Seebarsch  
Brasse  
Glattbutt  
Weissfisch  
Kabeljau  
Scharbe  
Flunder  
Asche  
Knurrhahn  
Schellfisch  
Seehecht  
Heilbutt  
Hering  
Leng  
Makrele  
Meerasche  
Barsch  
Hecht  
Pilchard  
Scholle  
Pollack  
Plotze  
Lachs

Aiglefin  
Merlu  
Fletan  
Hareng  
Lingue  
Maquereau  
Mulet  
Perche  
Brochet  
Pilchard  
Plie, Carrelet  
Lieu Jaune  
Rouget  
Gardon  
Saumon  
Sardine  
Sole  
Sprat  
Tanche  
Truite  
Thon  
Merlan

#### **GREECE**

Antjuga, Giavros  
Lavraki  
Lestia  
Pissi, Romvos  
Kyprinos  
Gados, Bakaliaros  
Chromatida  
Chematida  
-  
Kaponi  
Gados  
Bakaliaros  
Hippoglossa  
Regha  
Pentiki  
Scoumbri  
Kephalos  
Perca Chani  
Tourna  
Sardella  
Glossaki  
-  
Tsironi  
Solomos

Sardine  
Sole  
Sprat  
Tench  
Trout  
Tuna  
Whiting

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Halibut  
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Ling  
Mackerel  
Mullet  
Perch  
Pike  
Pilchard  
Plaice  
Pollack  
Roach  
Salmon  
Sardine  
Sole  
Sprat  
Tench  
Trout  
Tuna  
Whiting

**UK**

Anchovy  
Bass  
Bream  
Brill  
Carp  
Cod  
Dab

Sardine  
Seezunge  
Sprotte  
Schlei  
Forelle  
Thun  
Wittling

**HOLLAND**

Ansjovis  
Zeebaars  
Brasem  
Griet  
Karper  
Kabeljauw  
Schar  
Bot  
Poon  
Schelvis  
Heek  
Heilbot  
Haring  
Leng  
Makreel  
Harder  
Baars  
Snoek  
Sardien  
Schol  
Witte Koolvis  
Blankvoorn  
Zalm  
Pelser, Sardien  
Tong  
Sprat  
Zeelt  
Forel  
Tonijn  
Wijting

**PORTUGAL**

Anchova, Biqueirao  
Robalo  
Sargo  
Rodovalho  
Carpa  
Bacalhau  
Solha, Solhao

Sardella  
Glossa  
Papalina  
Glinia  
Pestrophia  
Tonnos  
Bakaliaros

**ITALY**

Acciuga  
Spigola, Branzino  
Brama  
Rombo Liscio  
Carpa  
Merluzzo Bianco  
Limanda  
Passera Pianuzza  
Pesce Capone  
Asinello  
Nasello  
Halibut  
Aringa  
Molva  
Maccarello  
Cefalo  
Pesce Persico  
Luccio  
Sardina  
Passera  
Merluzzo Giallo  
Trioitto  
Salmone  
Sardina  
Sogliola  
Spratto  
Tinca  
Trota  
Tonno  
Merlano

**SPAIN**

Anchoa, Boqueron  
Lubina  
-  
Remol  
Carpa  
Bacalao  
Limanda

Flounder  
Gurnard  
Haddock  
Hake  
Halibut  
Herring  
Ling  
Mackerel  
Mullet  
Perch  
Pike  
Pilchard  
Plaice  
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Roach  
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Mackerel  
Mullet  
Perch  
Pike  
Pilchard  
Plaice  
Pollack  
Roach  
Salmon

Solha  
Ruivo  
Arinca  
Pescada  
Alabote  
Arenque  
Donzela  
Sarda  
Tainha  
Perca  
Lucio  
Sardinha  
Solha  
Juliana  
Ruivaca  
Salmao  
Sardinha  
Linguado  
Espadilha  
Tenca  
Truta  
Atum  
Badejo

#### **TURKEY**

Hamsi  
Levrek  
Tahta Baligi  
-  
Sazan  
Morina  
Pisi Baligi  
Derepisi  
Kirlangic  
-  
Berlam  
-  
Ringa  
Gelincik  
Uskumru  
Kefal  
Tatlisu Levregi  
Turna Baligi  
Sardalyo  
-  
-  
Kizilgoz  
Som Baligi

Platija  
Rubios  
Eglefino  
Merluza  
Halibut  
Arenque  
Maruca  
Caballa  
Lisa  
Perca  
Lucio  
Sardina  
Solla  
Abadejo  
Bermejuela  
Salmon  
Sardina  
Lenguado  
Espadin  
Tenca  
Trucha  
Atun  
Merlan

Sardine	Sardalya
Sole	Dil Baligi
Sprat	Caca, Palatika
Tench	Kadife Baligi
Trout	Alabalik
Tuna	Ton Baligi
Whiting	Bakalyaro

## **WORLDWIDE COUNTRIES**

### **AUSTRALIA & NEW ZEALAND**

*We would like to thank Kosher Australia for their help with the compilation of this list.*

Anchovy	Garfish Sea	Pike
Australian Bass (Fresh Water Perch)	Groper	Pilchard
Barracouta	Groper Baldchin Blue	Piper
Barracuda	Gurnard	Red Bass (Red Bream, Red Perch)
Barramundi	Haddock	Redfin
Blue Eye	Hake	Salmon
Blue Grenadier	Hapuku	Salmon Western Australian
Boarfish	Harpuka	Sardine
Bream:	Herring	Shad
• Black	Herring Australian	Sild
• Monocle	Hoki	Smooth Black
• Red	Jewfish (Westralian Dhufish)	Snapper:
• Robinson's	Jobfish	• Emperor
• Sea	Jobfish Rory	• Fingermark
• Silver	John Dory	• Frypan
• Threadfin	Kingfish	• Goldband
• Western Yellowfin	Lemon Sole	• Golden
Butterfish	Mackerel	• Long Nose
Butterfly Fish	Mangrove Jack	• North West
Carp	Morwong	• Pink
Cod	Mullet:	• Queen
Cod Rankin	• Sea	• Red
Duckfish	• Yellow Eye	• Red Spot
Emperor:	Mulloway	• Spangled Emperor
• Black	Murray Cod	• Swallowtail
• Blue Lined	Orange Roughy	Sole
• Grass	Perch:	Sweetlip
• Red	• Fresh Water	Tailor
• Snapper	• Coral	Tasmanian Trumpeter
• Spangled	• Giant	Taylor
• Sweetlip	• Murray	Terakiji (Terakihi)
Flagship/Spanish Flag	• Parrot Fish	Trevalia Deepsea
Flathead	• Pearl	Trevally
Flounder	• Red	
Garfish	• Sea	

Trout  
Trout Coral  
Tuna:  
• Albacore  
• Bluefin  
• North Bluefin

• South Bluefin  
• Skipjack Striped  
• Yellowfin  
Tuskfish Bluebone  
Whiting:  
• King George

• School  
• Southern  
• Western Sand  
Yellowtail

### **CANADA**

Albacore  
Anchovy  
Bass  
Boston Bluefish  
Carp  
Cisco  
Cod  
Flounder  
Goldeye  
Haddock

Hake  
Halibut  
Herring  
Mackerel  
Northern Sunfish  
Orange Roughy  
Perch  
Pickerel  
Pike  
Pollock

Pompano  
Salmon  
Sardine  
Silverside  
Smelts  
Snapper  
Sole  
Tarpon  
Trout  
Tuna

### **CARIBBEAN**

Bonito  
Grouper  
Kingfish  
Mullet  
Muttonfish

Pompano  
Roballo  
Smelt  
Snapper Red  
Snapper Yellow

Spanish Mackerel  
Trout  
Tuna

### **HONG KONG**

Anchovy  
Bigeye  
Carp  
Crevalle  
Croaker  
Giant Perch

Grey Mullet  
Grouper  
Japanese Sea Perch  
Leopard Coral Trout  
Pampano  
Pilchard

Red Sea Bream  
Round Herring  
Sardine  
Scad  
Whitefish

### **JAPAN**

**UK**  
Anchovy  
Carp  
Cod  
Dab  
Flounder  
Gurnard  
Halibut  
Herring  
Mackerel  
Mullet

**JAPAN**  
Katakuchiiwashi  
Koi  
Tara  
Karei  
Karei  
Hobo, Kanagashira  
Ohyo  
Nishin, Kadoiwashi  
Saba, Hirasaba  
Bora

Pike  
Pilchard  
Salmon  
Sardine  
Sole  
Trout  
Tuna

Kawakamasu  
Iwashi, Maiwashi  
Sake masu-rui  
Iwashi, Maiwashi  
Shitabirame  
Masu  
Maguro-rui

### **SOUTH AFRICA**

Albacore Tuna  
Anchovy  
Butterfish  
Carp  
Euthynnus Tuna  
Haddock  
Hake  
Herring

Kabeljou  
Kingklip  
Maas Banker  
Mackerel  
Pilchard  
Red Roman  
Salmon  
Sardine

Snoek  
Sole  
Steembra  
Stock Fish  
Stump Nose  
Tongol Tuna  
Trout  
Yellowfin Tuna

### **USA**

Albacore  
Alewife  
Amberjack  
Anchovy  
Barb  
Barracouta  
Barracuda  
Bass  
Bigeye  
Black Cod  
Blackfish  
Blueback  
Bluefish  
Bluegill  
Bonito  
Bream  
Brill  
Capelin  
Carp  
Cero  
Char  
Chub

Cisco  
Coalfish  
Cod  
Crevalle  
Dab  
Flounder  
Fluke  
Gag  
Grayling  
Grouper  
Haddock  
Hake  
Halibut  
Herring  
John Dory  
Kingfish  
Mackerel  
Merluccio  
Mullet  
Orange Roughy  
Perch  
Pike

Pilchard  
Plaice  
Pollock  
Pomfret  
Red Snapper  
Roach  
Saithe  
Salmon  
Sardine  
Shad  
Sierra  
Skipjack  
Snapper  
Sole  
Sprat  
Tench  
Tilapia  
Trout  
Tuna  
Wahoo  
Whiting  
Yellowtail